



The Path to Healing: RESOURCES

While each of us must deal with grief in our own ways, we don't have to go through it alone. This guide offers contact information for Denver-area organizations offering support and resources for individuals and families going through the grieving process. It is not Feldman Mortuary's intention to recommend, suggest or advise any individual or program to our families.

Your local synagogue may be able to provide information and counseling, as can Jewish Family Service, a well-known group serving the Denver metro region. For any other questions, please contact a funeral director at Feldman Mortuary.

Support Resources

Hand In Hand

BMH*BJ Congregation

560 South Monaco Parkway, Denver, CO, 80224

(303) 388- 4203

Hand In Hand is a volunteer group consisting of BMH-BJ members, established for the purpose of assisting those BMH-BJ members and unaffiliated individuals during their time of mourning.

Emanuel Congregation

51 Grape Street, Denver, CO, 80220

(303) 388-4013

Sarah Brown at brown@emanueldenver.org

Temple Emanuel offers a spiritual support group which meets 3 times a year with facilitators Rabbi Eliot Baskin and MSW Laurie Picus. This six-week group focuses on healing and rituals for healing as well as coping strategies.

Hesed Society

Hebrew Educational Alliance

3600 South Ivanhoe Street, Denver, CO 80237

(303) 758-9400

Reaching out with special kindness to members with exceptional needs at certain times in their lives. The Shiva Minyon Committee will recruit members to form evening minyonim at the homes of mourning congregants. The HEA Para-chaplain Committee is a corps of trained volunteers who will call on those who have experienced the death of a family member a month or two after the shiva has ended.



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Support for the Loss of an Adult

These Denver-based grief resources offer counseling, comfort and strategies for coping with the death of a spouse, sibling or parent, a friend or colleague. The loss of these adult relationships can be hard to manage, but the right support can help you find peace.

Grief Education Program

Mental Health Association of Colorado

6795 East Tennessee Avenue, Suite 425, Denver, CO 80224

(303) 377-3040, Ext. 40

Provides referrals, counseling and support groups for those affected by death.

Caring Friends

(303) 989-5960

Support group for widows and widowers ages 20-45 and their children.

Heartbeat

2956 South Wolff Street, Denver, CO 80236

Metro Denver Chapter: 303-934-8464

South Metro Denver Chapter: 303-770-1859

West Metro Denver Chapter: 303-424-4094

Self-help group offering monthly meetings for family and friends of suicide victims.

The Denver Hospice

GroupBereavement@care4denver.org

303-321-2828

501 S. Cherry Street, Suite 700, Denver, CO 80246

A variety of support groups for the bereaved at HMD Palliative and Windsor Gardens.

Hospice at Home (VNA) Bereavement Group

390 Grant Street, Denver, CO 80203

303-744-6363

Support groups offered to the community.

Jewish Family Service: Grief and Counseling Support

3201 S. Tamarac Drive, Denver, CO 80231

(303) 597-5000

Contact: Counseling Center

Counseling and support groups for the Jewish Community.

Mt. Evans Hospice

3081 Bergen Peak Dr., Evergreen, CO 80439

303 674-6400

Provides individual and group support for those experiencing loss through death.



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Support for the Loss of an Adult continued

Namaste Care Group

6000 E. Evans Ave. Suite 3-111, Denver, CO 80222
303-730-3578

The Namaste Care Group is dedicated to improving life when living is impacted by dying. A continuum of end-of-life care is accomplished through the integration of supportive intervention, pain management, hospice care, personal care providers, and bereavement services. Bereavement services include individual and group counseling, educational programs, memorial rituals and availability of supportive literature.

Parents without Partners

<https://www.parentswithoutpartners.org/default.aspx>
(303) 335-6556

Support group for widowed, divorced, separated, or unmarried parent. Social and educational.

Porter Hospice/St. Anthony Hospice

1391 Speer Blvd, Ste 600 Denver, CO 80204
(303) 561-5100

Weekly Support groups open to the community.

The Senior Hub

2360 West 90th Avenue, Federal Heights, CO 80260
(303) 426-4408

Senior Solutions provides information and assistance for bereavement support groups in Adams County.

Support for the Loss of a Newborn or Child

It's unimaginable. The death of a child can be devastating, with lasting impact to the family, friends and the community itself. Yet, there is a path through the pain. The services and resources listed here offer help and genuine hope for healing for mourners across our Denver community.

Fetal and Newborn Loss Program (Columbia Rose Medical Center)

4567 East 9th Avenue, Suite 200, Denver, CO 80220
(303) 320-2864
Rabbi Jeffrey Kaye: (303) 320-2159

Support group for grieving parents following a miscarriage, fetal death, stillbirth, or newborn death.



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Support for the Loss of a Newborn or Child continued

Angel Eyes

<http://www.angeleyes.org>

425 S Cherry Street, Suite 860, Denver, CO 80246

(303) 320-7771

Angel Eyes helps Colorado families cope with the sudden, unexpected death of an infant or toddler, including SIDS, SUID, SUDC, miscarriage and stillbirth loss.

Parents of Murdered Children and Other Survivors of Homicide Victims

<http://www.colorado-pomc.org/>

CenturyLink Building

52nd & Zuni, Denver, CO

Meetings are held on the 3rd Saturday of each month at 7:30 PM.

Providing free counseling for families who have lost an infant or toddler by an unexpected cause.

Compassionate Friends

<https://www.compassionatefriends.org/>

P.O. Box 19571, Denver, CO 80219

Self-help group for parents and others who have experienced the death of a child. Support groups meet regularly.

Rowan Tree Foundation

Parker, CO 80134

(720) 588-8693

<http://www.rowantreefoundation.org/>

Providing ongoing support and resources for families who are coping with the devastating loss of a much-loved child. ■



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